

# Patience

## CONFESSION

Father in the name of Jesus I thank You for the confidence I have in You and Your Word. I cast the whole of my cares, all my anxieties on You because I know You care for me. Your Word declares that I am in control of my emotions therefore I choose to put on patience in my relationships. I choose to cast down every imagination and thought that exalts itself against Your Word. I choose to speak those things that are true, honest and a good report about myself and others. I choose to speak words of kindness to edify those I relate to on a daily basis. I have discipline and self-control. I am patient and kind because I live my life according to the Word of God and not according to the lust of my flesh. Father I thank You that You perfect all that concerns me therefore all things are working in my favor. In Jesus Name